



Autumn / Winter 2011

**can you see me?**

**In this issue**

**justice in 3D** - Helen Goodman MP

the great divide - Bishop of Repton

**camokids** - Connecting with our  
hidden children

# CELLOUT *pf*

The Prison Fellowship magazine

# Dear Friends

Reading through this edition of CELLout you would be hard pressed to miss our theme: visibility! This is because we want to really notice those who have become invisible to us. Remember, Jesus was not finished with the man whose open eyes saw men “but they look like trees”... We pray for eyes to see those in prison, as well as their dependants and victims. AND, we also want to get PF noticed! We have been described as one of the biggest hidden armies - unseen volunteers working with those who are out of sight! It is time to tell our story loud and clear.

Elizabeth Fry left us a legacy – and we hold it in our hand each time we take out a five pound note. There she is on the back, with a group of prisoners. Just like you she listened and noticed and saw those inside prisons and spoke about what she saw to her friends and her family. As a result, she completely changed the way prisons were run, not just in her local prison but right across England and Wales.

Look at the five pound note again and you will see some keys spread out across the left side. At PF we have 5 strategic keys to transforming hearts and minds - inside and outside our prisons; they are to:

**Reach more prisoners** – by growing our programmes in number and every prison

**Recruit more volunteers** – it only takes each of us to recruit one new volunteer for us to double in size!

**Increase our financial support** - we are dependent on donations to do this work

**Speak out** - about what we see in prisons, about the opportunities and transformations and how we need more help

**Pray** - we know we can't do any of this without prayer - it is our fuel - we start on our knees!

I am particularly struck by Elizabeth Fry's story because she appeared so ordinary. She was not striking to look at, scared stiff of large audiences, and suffered from terrible periods of depression. And yet she did all these extraordinary things. So that's why at our conference in March we will be hearing amazing stories of ordinary people doing extraordinary things. I am looking forward to seeing you there.

With warmest wishes  
Natalie



pf



# twelve years to transform...

# mySTORY



Growing up I didn't want for anything, there is no story of childhood poverty or mistreatment to explain the path I took; only the feeling that something was missing, that, 'there must be more to life than this'. I was experimenting with alcohol and drugs by the time I was fifteen. There would be a group of us hanging out through football and we did everything together. It started with drink but we moved quickly onto the so called 'recreational' drugs. At no time whatsoever did I think it would go as far as it eventually did. The trouble was, the harder the drugs the harder they come down.

Three years later my father passed away and I soon found myself addicted to Heroin. In the six months that followed my father's death I was arrested eight times for drug-related offences. I received a community-based order and was put on probation for eighteen months. I started this in 1994 and I managed to stay out of bother with the law until 1998.

However, during this period I was drinking like there was no tomorrow and continued to take some 'Downers'. Because I was not 'getting lifted' by the Coppers I thought that I had everything under control. I stumbled on in this way, often stealing to fund my habit. Eventually this all caught up with me and I was arrested countless times for theft. It soon came to the stage where I had no more chances and I was sentenced to twelve months in 1998.

Going into prison for the first time I was scared and alone. I actually wondered how I had got to this point in my life. I came into contact with Prison Fellowship as soon as I went into prison. I heard through one of the other boys that you could go there to get a cup of tea with sugar and a chocolate biscuit. It was also a place where you could drop your guard and be yourself instead of having to wear a mask of some tough guy.

They ran a regular worship service and I would go along to offload. The support they offered was even more vital to me when, just a few weeks later, my girlfriend passed away. On 27th October in 1998 I came back from her funeral and went straight into a Prison Fellowship meeting where they were calling forward anybody who wanted to give their life to Christ. I experienced a strange sensation, one that I cannot put into words. I went forward and, although I didn't understand it, I just knew that it was what I was meant to do - be reunited with God.

However, my transformation didn't happen over night; it took a further twelve years until I was ready to fully commit. Put simply, I still wanted the element of control in my life and every time I

took back this control I ended up working for the Queen (in prison)! I was convicted on thirty-six separate occasions and served the equivalent of a life sentence. Each and every time I went to prison I always said to God 'get me out and I will change' but it was always on my terms, not His.

During these 12 years of going in and out of prison I continued going to church and receiving the support of PF volunteers, but there was a steady progression of things getting darker and darker.

In 2009 I was eventually brought to breaking point. Physically and mentally I crashed and burned. IV drug use had caused blood clots in my legs and large ulcers, my wife had been imprisoned and my beautiful daughter had gone into foster care. I was at my wits end and I finally realised that I couldn't get myself out of the dark place I was in. I cried out to Jesus knowing that He was the only one I could turn to. He gently reminded me that He is God, He is in control and He will work it out.

When I was released for the final time in 2009 **I had just a change of clothes to my name, but I was determined to get my life back on track and to continue to look to Jesus.** He is so

good and faithful! I was given a place to stay through a local church and, slowly but surely, the Lord put the pieces of my life back together. He miraculously restored my health, I found a wonderfully supportive church, and 18 months after my release my daughter was returned to me.

When I was arrested it was often for stealing tools and the incredible thing is, that since my release, I have been gifted with a lot of them! I now use these to offer my services free of charge to those who need a helping hand. I am a 'jack of all trades' doing painting, gardening, building work and, thanks to God for restoring my driving licence (another miracle), I also help people with their shopping.

I am grateful for the support of Prison Fellowship volunteers - as without them I would never have been led to Jesus that first time around. I am even more grateful that I am now called to serve with love and I am looking forward to the future.

Neville

# pocket full

We have now got audited accounts for the last financial year with a confirmed income of £630,000; expenditure of £835,000 and hence a loss of £195,000.

Interestingly, it was not fees from prisons that were the most significant reduction, as these amazingly, remained static. Nor did costs significantly escalate; it was the drop in voluntary income that took the biggest hit.

We have gone to considerable lengths to reduce unnecessary expenditure by moving office and cutting various support services, and taking initiative to involve old friends and new, trusts and individuals to join with us in their support.

We project income this year to increase to £935,000, with matching expenditure. Voluntary income, rather than fee income, is expected to increase in particular.

But this is achievable. Along with consistent support from trusts and on-going Sycamore Tree fee income, if every supporter was able to give £10 every month, we would meet the financial need.

Financial plans don't make things happen, you do. And in some ways pf is unlike a lot of other charities, as many of you are active inside prisons as well as supporting through prayer, donations, and helping in our London support office.

You can send your donation to us at:  
Prison Fellowship, PO Box 68226, London, SW1P 9WR.

If you are a tax payer please include a Gift Aid form, which will increase your gift by 25% - this form can be downloaded from our website.

We also welcome payments directly into our bank account. Our details are:

**HSBC Chelmsford, High St, Chelmsford;**  
**sort code 40-17-08;**  
**account name "Prison Fellowship"**  
**account no. 81290665**

When you put the money in, please do email us with the amount and date, so that we can identify the deposit.

Bill Lovett - our new Financial Controller



**Helen Goodman, MP talks to us about Restorative Justice - how we need to see that both the victim and the offender are rehabilitated and society is moved forward...**

# justice in 3D

Sycamore Tree is a tried and tested way of doing this - and dramatically bringing down re-offending rates. PF is passionate about getting this course into public view...

#### Backing Restorative Justice

As a member of the Labour Justice Team, I opposed the Legal Aid, Sentencing and Punishment of Offenders Bill, in order to encourage courts to consider issuing a Restorative Justice order to offenders.

I believe that Restorative Justice offers offenders, victims and the public a unique opportunity to heal the hurt that the offender has caused, and hopefully turn them away from future crime. It is not a perfect solution to all problems, but I believe it does offer real benefits

to all concerned parties. I attended one such course in Wormwood Scrubs in the Spring and could see how effective it was.

My amendments sought to ensure that courts considered RJ when sentencing an offender, and that they also seek the views of the victim prior to sentencing. **I want to see victims and their needs put back at the heart of our criminal justice system.** They are the reason why we have the courts in the first place, and their views are essential to making Restorative Justice work.

Some victims of crime are capable of great forgiveness - this is very admirable and is to be encouraged and supported wherever possible.

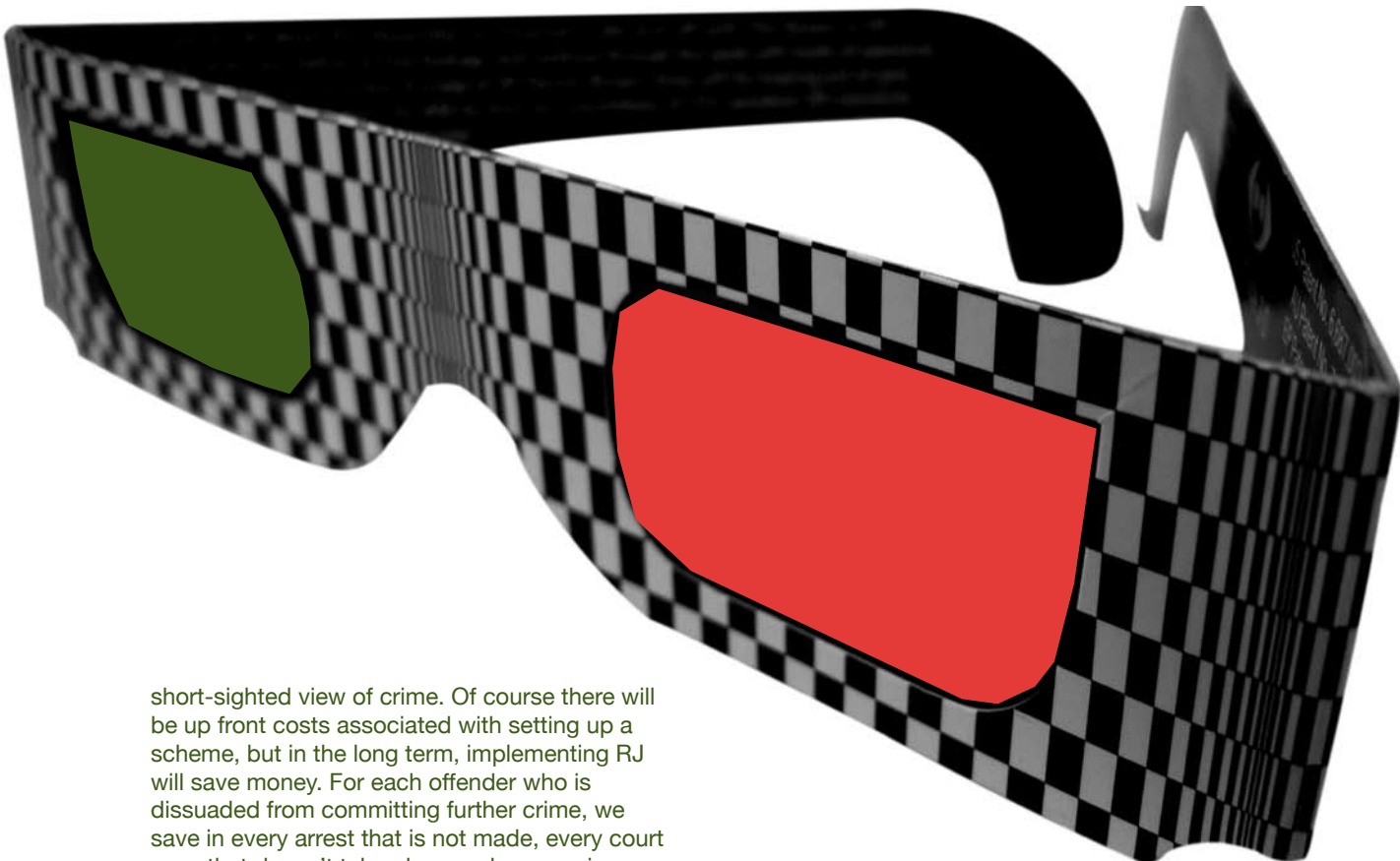
However, we must recognise that not all victims are willing, or able to forgive their attacker.

I am not alone in backing Restorative Justice initiatives; prior to the introduction of the bill, stake holders from all viewpoints seemed to be in support of the initiatives. Organisations as diverse as the Magistrates Association, Victim Support and the Prison Reform Trust all back the implementation of RJ, and can see its benefits. The Ministry of Justice too have seen the benefits of Restorative Justice. According to their own figures, for every £1 invested in RJ programmes, the taxpayer saves £9.

So why is it not being implemented?  
Sadly, the Government maintains that it is too expensive to implement. I believe that this is a

my help threatened me and my staff - it was an unpleasant experience, and I had to summon the police for assistance. However, some weeks later the man wrote to me to apologise for his actions. In his letter he explained how he had struggled with alcoholism and how he was taking steps to overcome it. Not only did this help me by seeing that he had shown contrition for his actions, but it also reassured me that his problems were being addressed.

Restorative Justice is not a soft option. It is often profoundly challenging for all parties, but I believe it is the most promising option that is available to us and it requires political will and



short-sighted view of crime. Of course there will be up front costs associated with setting up a scheme, but in the long term, implementing RJ will save money. For each offender who is dissuaded from committing further crime, we save in every arrest that is not made, every court case that doesn't take place and every prison cell that is unfilled. And of course, the savings will not just be financial; preventing crime prevents heartache and pain and could potentially save lives...


I had my own brush with Restorative Justice some years ago... I was holding a surgery in my constituency, and a man who came to ask for

financial investment. I will be seeking to raise the issue of RJ at the bill's report stage, where I hope to convince the Government to change its mind.

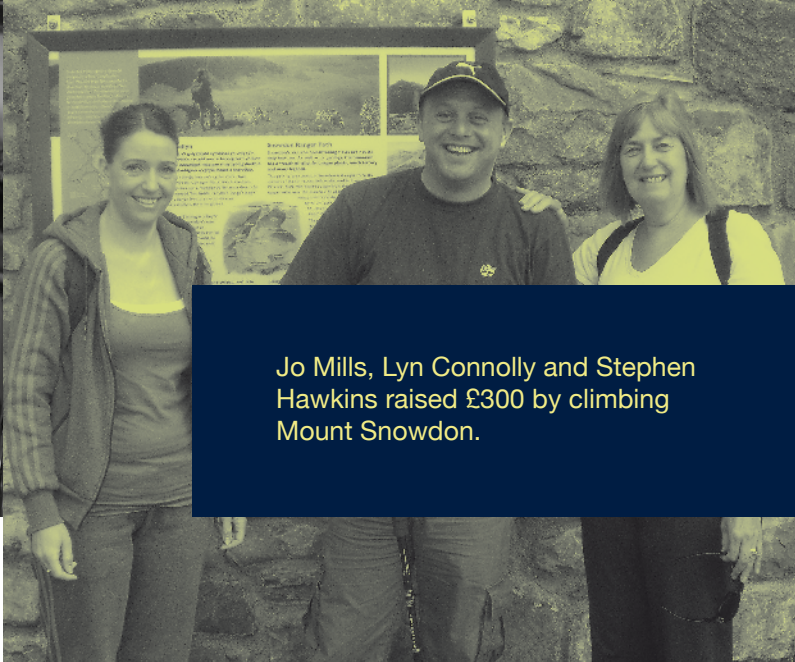
Helen Goodman, MP.

**Gail Butler  
raised £150 for PF  
taking part in  
a 'nun run'**

# CELL



**We are running Angel  
Tree in 79 Prisons, and hoping  
to reach 6000 children this  
Christmas - more than any  
previous year**



**Jo Mills, Lyn Connolly and Stephen  
Hawkins raised £300 by climbing  
Mount Snowdon.**



**PFI Convocation – closer working links made with PF Northern Ireland and PF Scotland**

# celebrate



## **Prisoners support Angel Tree**

A concert to launch this year's Angel Tree was held at HMP Featherstone. The concert was arranged by the prison Chaplain, Roger Howarth, and was performed entirely by prisoners. To the surprise of PF volunteers and the Chaplaincy team, prisoners came together to pledge a grand total of £140 towards the Angel Tree programme. Roger said: "I was flabbergasted at the response from the lads in the audience.

Considering they only get £10 a week it was amazing to see them donate towards Angel Tree..."



**PF now has over 1500 volunteers**

**Marian and Cyril Albery raised £875 for Angel Tree by asking for donations instead of birthday presents.**

**120** prisoners writing to PF volunteers



**HAVING OUR CAKE... £12,500 raised from collection at New Wine LSE week**

For over thirty years Prisons Week has prepared literature to enable the Christian community to pray for the needs of prisoners, their families, victims of crime and the many people who are involved in caring for prisoners. Prisons Week is also an opportunity to raise the profile of prisoners and all those working in the Criminal Justice Sector - to make those who are hidden and forgotten in our society more visible.

## **Humphrey Southern, Bishop of Repton explores the dangers of the great divide...**

The parable of the Rich Man and Lazarus (Luke 16: 19-31) is one of the funniest, as well as one of the most disturbing that Jesus ever told. It tells the age-old story of wealth and arrogance receiving its comeuppance and the triumph of the poor and downtrodden over oppression and tyranny. Everyone enjoys the thought of the powerful bully being knocked from his perch (think of Saddam Hussein or Colonel Gaddafi) – and Jesus' parable delivers this satisfaction in good measure. The account of the Rich Man's wheedling plea for special treatment from Abraham simply adds to the fun.

But it's also a disturbing – even terrifying – tale. At the end, Abraham (in Heaven with Lazarus), passes judgement on the Rich Man's life of selfishness and greed, declaring a terrible truth: "between you and us there is a great chasm fixed, so that those who might want to pass from here to you cannot do so, and no one can cross from there to us".

It's tempting to read this as a sort of punishment passed on the Rich Man – an eternity of imprisonment for a lifetime of selfishness. Locked up with the key well and truly thrown away! But I wonder if that has to be the best way to understand the story?

Is it not that the separation between the Rich Man and Lazarus was established during their lives on earth? It was then that the Rich Man decided that he and Lazarus had no common ground to share, no common humanity, nothing to bind them together. By saying, effectively, "He and I have nothing to do with each other: I have no obligation towards him and no interest in his welfare or wellbeing", the Rich Man was the one who threw away the key and condemned himself to an existence of isolation – isolation that is everlasting, as it turned out.

In Prisons Week (20th-26th November) Christians are encouraged to pray especially for those involved in prisons and their work. When we pray for one another we are – at a very fundamental level – acknowledging our common humanity and belonging. There are no hermetically sealed compartments: perpetrators of violence and oppression, victims of such crime and those who administer our criminal justice system – police and lawyers, prison and probation service officers, volunteers and families, workers and so many more – all belong together in the heart and concern of God. So there can be no "us and them" when we answer that call to prayer.

This is a challenge to those in our community who would prefer to ignore or avoid the existence of prisoners (like the Rich Man in respect of Lazarus). It is a challenge, too, to those who deal with crime and criminals in such a way that they get de-sensitized to (or forgetful of) the real human cost to victims. Prayer, whether offered from locked cell or traumatized home, from Church or Chapel or from many individual Christian hearts, draws all together to the one God and Father of us all, in whom is all hope and all healing.

Bishop Humphrey

# the great divide

# camo kids

**Angel Tree – Connecting with our hidden children this Christmas...**

Many people will question the need for prison ministry. Very few will question the need to help children who have to live with their parent's mistakes. Over 160,000 children will have to spend Christmas without one or both of their parents - because they are behind bars. Those children are serving time of their own.

In answer to the age-old argument about "who is greatest?" Jesus took a young child and put him in the middle of a ring of grown men and said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." Part of what Angel Tree is about is getting us to actually notice these hidden children.

For many prisoners, Angel Tree represents the only way to send a Christmas present to their child. Can you begin to imagine how hard it is to organise selecting, buying and physically sending a toy, for example, to your child - from inside prison?! It is not just finances but logistics that make this almost impossible - without willing and able family or friends. So for the prisoner, ironically, Christmas becomes just another opportunity to let your child down - again.

And Angel Tree asks the pertinent question: "What about the child who is already bearing the brunt of a parent's mistake - can we make their Christmas just a bit brighter?"

Just listen to some of this feedback: "Christmas without daddy was something we all found difficult to contemplate, receiving the gift made him very much part of our day and the children feel very secure that he was thinking of them."

"From the bottom of my heart I would like to say thank you. To see a child's face light up like my son's did was wonderful for me on Christmas morning, thank you Angel Tree."

"Many thanks for the wonderful gift. Although she had gifts from other family members, she was very protective of this one gift. Expense doesn't come into feelings of love and I thank you from the bottom of my heart".

"Thank you so much, it so empowered our son who felt he was actually getting and sending his own gifts to the kids."

This summer I met with a man who had recently been released from prison. He had a gift sent to his 5 year old daughter last Christmas. When he returned home during the summer he was met by an excited little girl who was still clutching the message he had written to accompany her gift!

Connecting parents to children at Christmas is one crucial way to keep family bonds intact - one of the foundations of cutting re-offending rates.

Last year we managed to send 4,600 gifts. This year we are looking to send even more.

Here are ways in which you can help: To buy, wrap and post a present costs £15, so to send 6,000 presents we need a total of £90,000. We already have £75,000!

BUT, we still need to fund 1,000 further gifts this year, which is a total of £15,000. Why not be part of raising these funds? If just 1,000 supporters gave us £15, we could give a present from every parent in prison who requests one.

See our Diary page for Angel Tree fundraising events you can support...

Also, next year we are extending the programme to include Mother's Day – so you could be part of a programme that offers 1,000 young offenders the opportunity to send a gift to their mum. We want to send at least 1,000 presents, each costing £10.00 - so we need to raise £10,000. (Gifts are either a shopping voucher, chocolates, or a phone card for the prisoner to call their mum).

Have you got time to be Angel Tree Co-ordinator for one prison next Christmas? We will need 20 more co-ordinators next year to enable us to reach our target of 100 prisons (up from 80 this year).

Dave Walker

angel

In our last edition of CELLout, Howard Dodd, our Chair of Trustees, set out our vision. We've set out below how we will be making this happen from now until the conference next March.

# in our sights

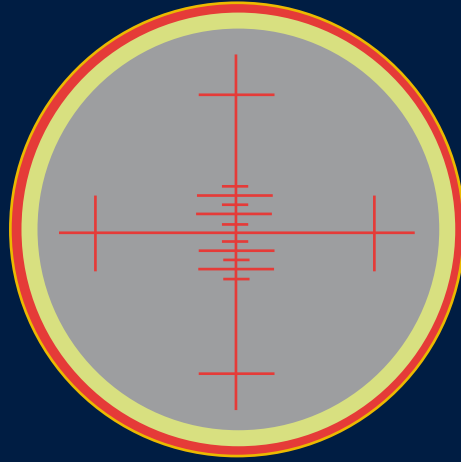
## Building a strong team

We need to think about how we get to know each other better – whether it is more efficient forms of communication or different ways of configuring our teams. We are proud of our community – of the way we share best practice, as well as pitfalls to avoid.

So we will build upon the strong identity and sense of community and create a PF membership scheme that allows us to be clear about what we offer to you, and what we can expect from you in return. This gives ownership and clarity from the outset; and allows us all to feel connected to one another in this team of 1,500 and counting. We will be introducing this in the new year.

## Growth

Because growth is so crucial to our future, we have created the role of Area Leaders. These are volunteers with a particular responsibility for growing Local Groups – taking on the role of overseer for them as well as the prisons. They will work with their Regional Coordinator to specifically raise the profile and visibility of PF. This can be done in a variety of ways, from offering peer to peer support for several prayer groups and helping to start new ones, to developing links with a group of prisoners, being a media representative for an area so we can get our message out, or organising regional volunteer events. The role could be doing one of these things on its own or combining several different elements. We have started small, and currently have four Area Leaders, but we are actively recruiting more. Whatever your particular skills



we need your help – so please consider how you might use your talents to join our growing band of Area Leaders. Find out how one Area Leader, John Gloster, is taking the first steps in this role on page 14....

## Listening

Prayer is at the heart of our ministry, and listening for God's guidance us is something we want to be more intentional about. A number of volunteers have agreed to act as Prayer Intercessors – to be hearing and seeing what the Father is doing in our prisons and communities – that we might join in. Prayer Intercessors pray at set times every week and share any words and pictures that God gives them for PF.

Together we are creating a movement that seeks to bring Christ's love into our prisons by the way we pray, volunteer and give our time and money. We want prisoners to be in no doubt that they are loved and valued as children of God.

We look forward to sharing the next step on the journey with you.

Claire Bonham - Head of Volunteering

# events

## 19th November: **Thanet Male Voice Choir Concert in support of Angel Tree**

St Philip's Church, Summerfield Road,  
Margate, CT9 3JJ

7.30pm Price: £10

To book contact St Philip's Church:

01843 231825 (Mon-Fri, 10am-2pm)

## 20th - 26th November: **Prisons Week**

### 28th November: **Letter Writing Training**

Meredith Road Baptist Church,  
Coventry, CV2 5JH

7.30pm-9.30pm

Contact Nicola Davey: (T) 020 7799 2500

(E) nicoladavey@prisonfellowship.org.uk

## 8th December: **Letter Writing Training**

77 Great Peter Street, London, SW1P 2EZ

10.30am-12.30pm

Contact Nicola Davey as above

## 14th December: **PF Carol Service**

St Matthews Church, 20 Great Peter Street, London  
6.00pm

## 9th & 10th January: **PF Volunteer Training for new volunteers**

Riverside Centre, Derby Community Church,  
Derby, DE24 8HY

7.30pm-9.30pm

## 14th January: **Sycamore Tree training for group facilitators**

Deeper Life Bible Church, 86-95 Bacchus Road,  
Birmingham B18 4QY

10.00am-3.30pm (coffee at 9.30)

## 21st January: **Rochester PF information day**

St Philip & St James' Church (Pip n Jim's), King George  
Road, Kent, ME5 0TZ

## 2nd Feb: **Letter Writing Training**

Market Harborough

1.30pm-3.30pm

## March 9th-11th 2012:

*pf* **Annual Conference**, Hayes Conference Centre, Swanwick

For info and booking: elizabethalbery@prisonfellowship.org.uk

For information on any of these events please contact us on  
info@prisonfellowship.org.uk Tel. 020 7799 2500  
or visit the regional pages of our website

John Gloster has been involved with PF since late 2009. Since then he has stepped up to the roles of Group Leader for PF Coign Church, Woking and as a Sycamore Tree Group Facilitator and Angel Tree Coordinator at HMP Coldingley - he is also ST Tutor at HMP Lewes. This year, John agreed to take on the position of Area Leader for part of the South East region. Here we talk to John and find out about his PF journey so far and where it may lead...

for obvious reasons are confidential. However, just being able to help prisoners, many of whom society has rejected and who have no hope, is reward enough. Watching men change after only a few weeks is amazing. Seeing them go through a Sycamore Tree course is tangible proof that people can change when truth and love are shown to them.

**You are involved in our work in so many different ways, what would you say to those considering volunteering with PF?**

## **John Gloster** takes the long view of his work in prisons

# THE INTERVIEW



**How did you first hear about the work of PF and what encouraged you to get involved?**

Whilst I only became involved with PF in 2009, my interest in working with those on the edge of society goes back to my teenage years. At a church youth weekend on the Isle of Wight the leader had a prophecy for me. It involved “preaching the good news and proclaiming release to the captives”. Never would I have imagined that many years later this would lead to volunteering to spend time within a prison! However, encouraged by my church leaders and the then Chaplain of Coldingley I attended a prisons day at Holy Trinity Brompton, London. I can remember just breaking down in tears during one of the worship sessions. Everything that has happened since has flowed from that day.

**During your time of volunteering with PF have there been any experiences that have been particularly encouraging for you?**

During my involvement with PF there have been so many thrilling experiences, most of which

The only relevant question you need to ask yourself is: “Do you have a God-like heart for those in need?” If the answer is “yes” then I would encourage you to explore the PF website and speak to someone already involved. There are opportunities for almost every skill set and character type - ranging from those who want to pray for the work, to those who want to become a facilitator on a Sycamore Tree course or help with Angel Tree.

**What do you see as the most important role of the Area Leaders?**

To be perfectly honest I am not certain, but I know that it will become clear as time goes on... Clearly there is a need to encourage new members to join PF, as well as encourage the

existing ones! We must also take every opportunity to raise the profile of PF. Also, as a family, we can get to benefit from each other and it is just good, common sense to share good practice for those involved. For instance, a number of Sycamore Tree tutors have kindly shared their material with me and as such I have been able to build upon their hard-learned experience. I have so much to learn and I am really looking forward to getting to know other PF workers in the coming months!

**What are you hoping to achieve during your time as an Area Leader?**

To build relationships between those involved in PF work and see the work expand. There is no shortage of opportunities within the prison environment and after all we have a needy and captive audience!

**Thank you John.**  
It's been a pleasure.

**“Be Strong, Be Courageous:  
making extraordinary things happen”**

**Come and meet more people like John...The Prison Fellowship conference will run from Friday afternoon to Sunday lunch, 9th–11th March 2012 at The Hayes Conference Centre in Swanwick.**

Cost: £125 if booked before 30th November (£150 thereafter). Price includes meals, accommodation and delegate pack.

For info or to book contact Elizabeth Albery: (T) 020 7799 2500 (E) [elizabethalbery@prisonfellowship.org.uk](mailto:elizabethalbery@prisonfellowship.org.uk)

Speakers:

**Alexander Mclean** – Director for APP (African Prisons Project)

Alexander founded APP when he was 19 and has made it his mission to improve conditions in African prisons where welfare and justice are often in short supply. To find out more please visit: [www.africanprisons.org](http://www.africanprisons.org)

**Bishop Humphrey Southern** - Bishop of Repton

**Ian Telfer** - Governor of HMP Kingston

## Central Team:

Volunteering

Finance

Raising Money

Events / telling your story

Angel / Sycamore Tree

Everything else

**Claire Bonham** - [clairebonham@prisonfellowship.org.uk](mailto:clairebonham@prisonfellowship.org.uk)

**Bill Lovett** - [billlovett@prisonfellowship.org.uk](mailto:billlovett@prisonfellowship.org.uk)

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Midlands

North East

North West

South East

South West / Wales

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**Terry Brown** - [terrybrown@prisonfellowship.org.uk](mailto:terrybrown@prisonfellowship.org.uk)

## Trustees:

**Howard Dodd** (Chair of trustees) - [howarddodd@prisonfellowship.org.uk](mailto:howarddodd@prisonfellowship.org.uk)

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*pf*

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and Helen Pooley